

# Lista All-Purpose Arlink® 7000 Workbench System

Superior Versatility. Solid Value.



All-Purpose Arlink® 7000 Workbench Systems help companies optimize performance in the workplace by providing efficient, ergonomic, and well-designed workbenches which significantly improve productivity, maximize use of floor space, boost morale and produce a safer work environment.

All-Purpose Arlink® 7000 workbenches let you tailor your benches to your needs while providing greater versatility than conventional workbenches. All-Purpose Arlink® 7000 workbenches' heavy-duty construction is capable of supporting 1,000 lbs. (454 kg), evenly distributed. Durable worksurface choices include plastic laminate, static dissipative laminate and butcher block.

## Workbench Combinations

All-Purpose Arlink® 7000 workbenches are available in ten standard sizes and two heights. Simply choose the base size, height and worksurface that best suits your needs, and add appropriate accessories. For other options and dimensions, please contact your Lista representative.



### All-Purpose Arlink® 7000 Workbench

Workbench height is 30" (76 cm) or 36" (91 cm). Heavy-duty 2" x 2" tubular legs include leveling glides. Load capacity for bench is 1,000 lbs. (454 kg) evenly distributed.

#### Specify Color

Color must be specified to complete your order. Fill box at end of part number (□) with color choice.

- LG** =  Light Gray
- BB** =  Bright Blue
- SN** =  Sand

### Stationary Workbench without Optional Leg Extenders

NO	STANDARD	STATIC	BUTCHER	
WORKSURFACE	LAMINATE	DISSIPATIVE	BLOCK	L X D X H
483030NT-□	483030SL-□	483030SD-□	483030BN-□	48" x 30" x 30"
483630NT-□	483630SL-□	483630SD-□	483630BN-□	48" x 36" x 30"
603030NT-□	603030SL-□	603030SD-□	603030BN-□	60" x 30" x 30"
603630NT-□	603630SL-□	603630SD-□	603630BN-□	60" x 36" x 30"
723030NT-□	723030SL-□	723030SD-□	723030BN-□	72" x 30" x 30"
723630NT-□	723630SL-□	723630SD-□	723630BN-□	72" x 36" x 30"
843030NT-□	843030SL-□	843030SD-□	843030BN-□	84" x 30" x 30"
843630NT-□	843630SL-□	843630SD-□	843630BN-□	84" x 36" x 30"
963030NT-□	963030SL-□	963030SD-□	963030BN-□	96" x 30" x 30"
963630NT-□	963630SL-□	963630SD-□	963630BN-□	96" x 36" x 30"
483036NT-□	483036SL-□	483036SD-□	483036BN-□	48" x 30" x 36"
483636NT-□	483636SL-□	483636SD-□	483636BN-□	48" x 36" x 36"
603036NT-□	603036SL-□	603036SD-□	603036BN-□	60" x 30" x 36"
603636NT-□	603636SL-□	603636SD-□	603636BN-□	60" x 36" x 36"
723036NT-□	723036SL-□	723036SD-□	723036BN-□	72" x 30" x 36"
723636NT-□	723636SL-□	723636SD-□	723636BN-□	72" x 36" x 36"
843036NT-□	843036SL-□	843036SD-□	843036BN-□	84" x 30" x 36"
843636NT-□	843636SL-□	843636SD-□	843636BN-□	84" x 36" x 36"
963036NT-□	963036SL-□	963036SD-□	963036BN-□	96" x 30" x 36"
963636NT-□	963636SL-□	963636SD-□	963636BN-□	96" x 36" x 36"

## Workbench Base Options



### Leg Extenders

Allow nominal height adjustment of 6" on 2" increments. Extender for 30" high workbench allows extended heights of 32", 34" or 36" overall height. Extender for 36" high workbench allows extended heights of 38", 40" or 42" overall height. Can not be used with caster kits.

PART NO.	DESCRIPTION
7Z30LE-□	Set of 4



### Caster Kit

Set of casters used to add mobility. Swivel stem casters are 5" x 1 1/4" and replace glides which come with stationary legs. Increases overall nominal height by 6".

PART NO.	DESCRIPTION
7M1000	2-swivel & 2-swivel locking, 5" diameter

# Worksurfaces

## Standard Laminate Worksurface

Worksurface is constructed of 1 3/8" (3.5 cm) thick medium density particle board covered on top and all sides with non-glare matte finish plastic laminate. The front edge is contoured for comfort and chip resistance. The under side of the worksurface is sealed with a plastic tension sheet to prevent moisture absorption, warping and shedding.

## Static Dissipative Laminate Worksurface

Worksurface is the same as the standard laminate worksurface, but with non-glare matte finish plastic laminate that provides a controlled path to ground for the dissipation of static electricity. The worksurface is provided with a grounding kit that must be used to provide proper protection for components and personnel. Static dissipative value for the material is 10<sup>5</sup> - 10<sup>9</sup>.

## Butcher Block Worksurface

Worksurface is 1 3/4" (4.5 cm) thick satin finish hardwood with bullnose front edge.

Stainless steel, phenolic resin, ball transfer and other worksurfaces are also available.



PAINT COLOR	WORKSURFACE COLOR
Light Gray	Dove Gray
Bright Blue	Dove Gray
Sand	Antique White



PAINT COLOR	WORKSURFACE COLOR
Light Gray	Dove Gray
Bright Blue	Dove Gray
Sand	Almond



# Hanging Drawers and CPU Holders



## Hanging Drawer

Steel drawer mounts under worksurface, and can slide to any horizontal position. Includes steel ball bearing slides and recessed handles. 100% full extension. Each unit comes with a lock and 2 keys. Keyed-alike and master locks are available. 16 3/4" wide.



PART NO.	DRAWERS	OVERALL	WORKSURFACE
		HEIGHT	DEPTH
7L1000-□	(1) 5 1/2" drawer	8"	30" (76 cm)
7L1200-□	(2) 2 3/4" drawers	8"	30" (76 cm)
7L5000-□	(2) 5 1/2" drawers	14"	30" (76 cm)
7L1600-□	(4) 2 3/4" drawers	14"	30" (76 cm)
7L1400-□	(2) 2 3/4" + (1) 5 1/2" drawers	14"	30" (76 cm)
7L2000-□	(1) 5 1/2" + (1) file drawers	20"	30" (76 cm)
7L3000-□	(3) 5 1/2" drawers	20"	30" (76 cm)
7L1800-□	(2) 2 3/4" + (1) file drawers	20"	30" (76 cm)
7L2100-□	(2) 2 3/4" + (2) 5 1/2" drawers	20"	30" (76 cm)
7L1001-□	(1) 5 1/2" drawer	8"	36" (91 cm)
7L1201-□	(2) 2 3/4" drawers	8"	36" (91 cm)
7L5001-□	(2) 5 1/2" drawers	14"	36" (91 cm)
7L1601-□	(4) 2 3/4" drawers	14"	36" (91 cm)
7L1401-□	(2) 2 3/4" + (1) 5 1/2" drawers	14"	36" (91 cm)
7L2001-□	(1) 5 1/2" + (1) file drawers	20"	36" (91 cm)
7L3001-□	(3) 5 1/2" drawers	20"	36" (91 cm)
7L1801-□	(2) 2 3/4" + (1) file drawers	20"	36" (91 cm)
7L2101-□	(2) 2 3/4" + (2) 5 1/2" drawers	20"	36" (91 cm)



## Lap Drawer

21 3/8" wide x 18 3/4" deep. Lock not available. Steel ball bearing slides and full length integrated handle.

PART NO.	DRAWERS	OVERALL	WORKSURFACE
		HEIGHT	DEPTH
7L8000-□	(1) shallow drawer	2 3/4"	30" (76 cm)
7L8001-□	(1) shallow drawer	2 3/4"	36" (91 cm)



## CPU Holder

Adjustable pullout CPU holder has storable slide travel of 19". 360° rotation. Accommodates CPU width range of 2"-8 1/2", CPU height range of 11"-22".

PART NO.	DESCRIPTION
7L7004	For 30" deep worksurface
7L7005	For 36" deep worksurface

# Accessory Options



## Privacy Panels

Steel privacy panels enclose ends and back of bench. Finished to match frame.

### End Panels (Pair)

PART NO.	WORKBENCH D X H
3030EM-□	30" x 30" (76 x 76 cm)
3630EM-□	36" x 30" (91 x 76 cm)

### Rear Panel

PART NO.	WORKBENCH L X H
4830RM-□	48" x 30" (122 x 76 cm)
6030RM-□	60" x 30" (152 x 76 cm)
7230RM-□	72" x 30" (183 x 76 cm)
8430RM-□	84" x 30" (213 x 76 cm)
9630RM-□	96" x 30" (244 x 76 cm)



## Under Shelf

For extra storage space under your benches. 18" (46 cm) deep lower steel shelf fastens to the leg braces.

PART NO.	WORKBENCH LENGTH
7Z4818US-□	48" (122 cm)
7Z6018US-□	60" (152 cm)
7Z7218US-□	72" (183 cm)
7Z8418US-□	84" (213 cm)
7Z9618US-□	96" (244 cm)



## Fixed Heavy Gauge Footrest

Channel steel footrest fastens to leg braces.

PART NO.	WORKBENCH LENGTH
7E48FR-□	48" (122 cm)
7E60FR-□	60" (152 cm)
7E72FR-□	72" (183 cm)
7E84FR-□	84" (213 cm)
7E96FR-□	96" (244 cm)



## Back And End Stops

Steel stops fasten to worksurface to provide back and end stops. Stops extend approx. 4" above workbench top. End stops are 30" deep and have rounded front corners. Back stop can also be attached to riser shelf.

BACK STOP ONLY	BACK AND END STOPS	WORKBENCH LENGTH
7J48BS-□	48BES-□	48" (122 cm)
7J60BS-□	60BES-□	60" (152 cm)
7J72BS-□	72BES-□	72" (183 cm)
7J84BS-□	84BES-□	84" (213 cm)
7J96BS-□	96BES-□	96" (244 cm)



## Outlet Strip

Surface mounts to top or bottom of worksurface. Lighted on/off switch. Includes 6' power cord and circuit breaker. Painted silver finish.

PART NO.	DESCRIPTION
7H48EOP	48", 8 outlets, 15 Amp

# Riser Options



## Riser Shelf With Box Supports

14" (36 cm) deep shelves are finished in either standard laminate, static dissipative laminate or butcher block to match specified worksurface. (Other materials available upon request.) Steel box supports are 19" (48 cm) high and 11" (28 cm) deep.



## Light Fixture For Under Shelf

Fastens to underside of riser shelf with wood screws. Includes acrylic diffuser, 7 1/2' power cord and rocker switch. Lights feature economical electronic ballasts and come complete with T8 fluorescent lamp.



## Electrical Panel Insert For Box Support

The panel insert includes illuminated 15 Amp circuit breaker, 4 duplex receptacles and 7.5' power cord. Electrical panels can be used on one or both shelf supports and can be purchased with riser shelf or added later. CSA listed.

20 Amp and GFCI available on request.

STANDARD	STATIC	BUTCHER	
LAMINATE	DISSIPATIVE	BLOCK	L X D X H
481419SL-□	481419SD-□	481419BB-□	48" x 14" x 19" (122 x 36 x 48 cm)
601419SL-□	601419SD-□	601419BB-□	60" x 14" x 19" (152 x 36 x 48 cm)
721419SL-□	721419SD-□	721419BB-□	72" x 14" x 19" (183 x 36 x 48 cm)
841419SL-□	841419SD-□	841419BB-□	84" x 14" x 19" (213 x 36 x 48 cm)*
961419SL-□	961419SD-□	961419BB-□	96" x 14" x 19" (244 x 36 x 48 cm)*

\*72", 84" and 96" lengths includes center support

PART NO.	LENGTH	RISER LENGTH
7Z36USL	36" (91 cm)	48"
7Z48USL	48" (122 cm)	60" - 96"

PART NO.
7Z19EP-□

### Specify Color

Color must be specified to complete your order. Fill box at end of part number (□) with color choice.

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# Vertical Space Integrator (VSI) System



STARTER

ADDER

The VSI (Vertical Space Integrator) System is designed to expand the efficiency of any workbench, regardless of manufacturer. Frames are sturdy, heavy gauge steel, and are slotted front and back at 1" increments for mounting accessories. Starter frames consist of 2 upright posts and a horizontal rail. Adder sets consist of an additional upright and horizontal rail. Foot plate is 2 3/4" x 4".



WIRE SHELVES



STEEL SHELVES

## Shelves

Shelves can be mounted parallel to the worksurface or at 15°. Capacity is 100 lbs. (45kg), evenly distributed.

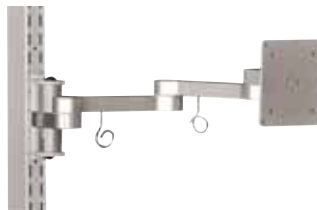


HORIZONTAL POWER BEAM

VERTICAL POWER STRIP

## Power Options

Horizontal power beam has 8 receptacles, lighted power switch and 15 amp circuit breaker. Vertical power strip mounts vertically to front and back of upright. Bracket and hardware supplied. Lighted on/off switch and 7.5' power cord with circuit breaker are included. Fixture and brackets are black.



## Monitor Arm

Basic flat panel monitor arm supports 18 lbs. (8kg), maximum reach 16" (407mm). Articulates horizontally. Full function flat panel monitor arm supports 26 lbs. (12kg), maximum reach 15.9" (404mm). Articulates horizontally and vertically.



## Louvered Panel

Sturdy painted steel louvered panel, holds hanging plastic bin boxes, tool or supply holders. 18" high. Adjusts vertically in 1" increments.



## Light Fixture Assembly

Twin tube fluorescent light fixture. Uses energy-saving T8 lamps and electronic ballasts. Comes complete with (2) 32 watt lamps, parabolic diffuser and on/off switch. Color trim attaches to front lip of fixture. Includes 9' power cord.

## Starter Assemblies

PART NO.	L X H
7Z3001-□	30" x 48" (76 x 122 cm)
7Z3002-□	36" x 48" (91 x 122 cm)
7Z3003-□	48" x 48" (122 x 122 cm)
7Z3004-□	60" x 48" (152 x 122 cm)

## Adder Assemblies

PART NO.	L X H
7Z3006-□	30" x 48" (76 x 122 cm)
7Z3007-□	36" x 48" (91 x 122 cm)

## Wire Shelves

PART NO.	L X D
7Z1057-□	30" x 12" (76 x 30 cm)
7Z1058-□	36" x 12" (91 x 30 cm)
7Z1059-□	48" x 12" (122 x 30 cm)
7Z1060-□	60" x 12" (152 x 30 cm)

## Steel Shelves

12" DEEP	15" DEEP	LENGTH
7Z1167-□	7Z1172-□	30" (76 cm)
7Z1168-□	7Z1173-□	36" (91 cm)
7Z1169-□	7Z1174-□	48" (122 cm)
7Z1170-□	7Z1175-□	60" (152 cm)

## Horizontal Power Beams

PART NO.	FOR USE WITH	DESCRIPTION
8876-□	30" wide frames	30" single sided 15 amp
8941-□	36" wide frames	36" single sided 15 amp
8940-□	48" wide frames	48" single sided 15 amp
8640-□	60" wide frames	60" single sided 15 amp

## Vertical Power Strips

PART NO.	DESCRIPTION
7Z1062	Vertical power strip, 15A with 6 outlets
7Z1063	Vertical power strip, 20A with 6 outlets
7Z1064	Vertical power strip, 15A GFCI with 6 outlets
7Z1065	Vertical power strip, 20A GFCI with 6 outlets

PART NO.	FOR USE WITH	DESCRIPTION
4037	All frames	Flat panel monitor arm – basic
4036	All frames	Flat panel monitor arm – full function

PART NO.	LENGTH
8442	30" (76 cm)
8443	36" (91 cm)
8444	48" (122 cm)
8445	60" (152 cm)

PART NO.	FOR USE WITH	DESCRIPTION
7Z2009L	30" single frame	30", 2-bulb light fixture, 19" bracket
7Z2005L	36" single frame	36", 2-bulb light fixture, 19" bracket
7Z2004L	48" single frame	48", 2-bulb light fixture, 19" bracket
7Z2006L	60" single & double frame	60", 2-bulb light fixture, 19" bracket
7Z2007L	72" double frame	72", 2-bulb light fixture, 19" bracket

# NS Mobile Carts and Companion Cabinets



Lista's shallow depth NS light duty cabinet line, with a housing size of 16 7/8" wide x 22 1/2" deep, is a space-efficient and highly maneuverable mobile cart or companion cabinet. Depending on worksurface height, NS cabinets can be put beneath an All-Purpose Arlink 7000 workbench for convenient storage.

HEIGHT	CLEAR FLOOR-TO-TOP SUPPORT*
30"	26 3/8"
36"	32 3/8"

\*without leg extenders



## NS Mobile Cart

For extra storage space under or adjacent to your benches.

### NS Mobile Carts (17 1/2" W x 26" D x 31 1/2" H) Shelf Only

PART NO.	DESCRIPTION
MSCA2/31-NS-□	2-shelf
MSCA3/31-NS-□	3-shelf

### NS Mobile Carts (17 1/2" W x 26" D x 31 1/2" H) with Drawers

PART NO.	DRAWERS*
MSCA2/31-NS210-□	1 (7")
MSCA2/31-NS220-□	2 (2 @ 3")
MSCA2/31-NS221-□	2 (1 @ 2", 1 @ 4")

\*drawers are full extension, 165 lb. capacity, with 12" wide x 18" deep usable inside drawer dimensions



NS0600-0501

## NS Mobile Cabinet

A cost-competitive, space-efficient and highly maneuverable mobile cabinet. Full extension drawers with a weight capacity of 165 lbs. (75kg). Models whose part number ends in "A" come with pre-configured drawer interior sets.

### NS 450 Mobile Cabinets (16 7/8" W x 22 1/2" D x 26 1/2" H)

PART NO.	DRAWERS	COMPARTMENTS
NS0450-0403N-□	4 (1 @ 2", 1 @ 3", 1 @ 4", 1 @ 5")	-
NS0450-0403NA-□	4 (1 @ 2", 1 @ 3", 1 @ 4", 1 @ 5")	20
NS0450-0304N-□	3 (1 @ 3", 1 @ 5", 1 @ 7")	-
NS0450-0304NA-□	3 (1 @ 3", 1 @ 5", 1 @ 7")	14
NS0450-0306N-□	3 (3 @ 5")	-
NS0450-0306NA-□	3 (3 @ 5")	15

### NS 600 Mobile Cabinets (16 7/8" W x 22 1/2" D x 32 3/8" H)

PART NO.	DRAWERS	COMPARTMENTS
NS0600-0501N-□	5 (2 @ 2", 1 @ 3", 1 @ 5", 1 @ 7")	-
NS0600-0501NA-□	5 (2 @ 2", 1 @ 3", 1 @ 5", 1 @ 7")	24
NS0600-0504N-□	5 (1 @ 2", 1 @ 3", 1 @ 4", 2 @ 5")	-
NS0600-0402N-□	4 (1 @ 3", 2 @ 5", 1 @ 7")	-
NS0600-0402NA-□	4 (1 @ 3", 2 @ 5", 1 @ 7")	19
NS0600-0404N-□	4 (4 @ 5")	-
NS0600-0404NA-□	4 (4 @ 5")	20

### Specify Color

Color must be specified to complete your order. Fill box at end of part number (□) with color choice.

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- BB = Bright Blue
- SN = Sand

# Lista is your home for all your workspace needs



DRAWER STORAGE CABINETS



STORAGE WALL® SYSTEM



MOBILE TOOLBOXES



SHELF CONVERTER® SYSTEM



CNC TOOL STORAGE



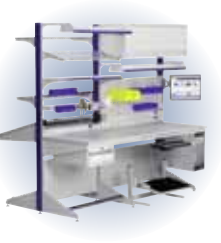
ALL-PURPOSE WORKBENCHES



INDUSTRIAL WORKBENCHES



TECHNICAL FURNITURE

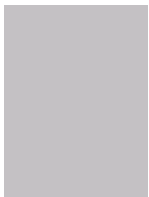


MODULAR WORKSTATIONS



ADJUSTABLE HEIGHT WORKSTATIONS

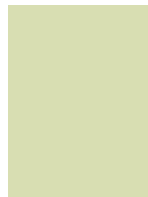
## Lista All-Purpose Workbench Colors



CODE COLOR  
LG Light Gray



CODE COLOR  
BB Bright Blue



CODE COLOR  
SN Sand

*Color differences exist between color samples and actual finishes. Please contact your Lista representative for accurate color matching. Custom colors are available and will be quoted on request.*



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ISO 9001

Product specifications are subject to change without notice and are those in effect at time of order receipt.